

Breaking Generational Curses

Say out loud something like this -

- Heavenly Father, I confess the sin(s) committed by my parents and ancestors of _____ (state the sins as detailed as you can)
- I ask You to forgive them, Father, and I thank You that You do.
- I choose from my heart to forgive my parents & ancestors for committing this/these sin(s) and for passing them onto me and my family. I forgive them for any way that they tempted me to come into agreement with this/these sin(s). I release them.
- Break ungodly soul ties with ancestors. Strengthen godly soul ties.
- I repent for any way that I yielded to and came into agreement with this/these sins and committed this/these sins myself and I repent for anyway that I may have passed these on to my generations.
- I ask You to forgive me, Father, and I thank You that You do.
- I choose from my heart to forgive myself for any way that I yielded to and came into agreement with this/these sin(s) and committed this/these sin(s). I choose from my heart to forgive myself for any way that I passed these on to my generations. I release myself.
- In the name of Jesus, I renounce the sins and curses of _____ (state them).
- I put these sins and curses on the cross of Jesus, I cover them with the blood of Jesus, and I call them dead right now.
- I call forth every generation blessing that is mine to come to me now, in Jesus name.
- In the name of Jesus, I cancel all of Satan's power and authority over me and my descendants concerning this/these generational sins and curses because I am forgiven and I have forgiven.
- In the name of Jesus, I command all _____ (state the specific sin) to go.
- In the name of Jesus, I command all _____ (state the demonic spirits associated with this) to go.
 - Examples are shame, guilt, anger, rejection, fear, bitterness, etc.
- If needed... I command _____ (health problem) to go in the name of Jesus.
- Holy Spirit, I ask You to heal my heart and my body and would You tell me Your truth and this situation right now. Listen...

Adapted from Wellspring Ministry